

Learning in Fistral Class

A typical day in Fistral:

9.00am - 9.30am Arrive at school into Sensory integration, based on students therapeutic learning.

9:30am – 10:00am Circle Time for Communication, Speaking & Listening - Good Morning and use our –Pre-Reading Skills to choose our lunch – get ready for learning, Letter of the day, focussing on phonics and pre-writing skills.

10:00am – 10:30am Snack, focus on communication and social emotional skills, followed by outdoor learning/sensory or movement breaks.

- ▶ **10:30am – 11:00am** Therapeutic learning based on Literacy and Communication skills, such as Write Dance, Disco Dough, Sounds and Object Bingo, Sensory Story.
- ▶ **11:00am- 11:15am** Sensory integration and personal hygiene.
- ▶ **11.15am-11:45am** Group Movement session in the hall, sensory circuits, music and movement etc.
- ▶ **11:45am – 12:00 pm** Therapeutic learning – mindfulness and wellbeing.
- ▶ **12.00pm-1.30pm** Lunch and Outdoor Play (Communication targets/PHSE) with whole class, 1:1 supervision/support as required
- ▶ **1.30pm-2:00pm** Good afternoon and Number of the day – early number skills and subitizing, followed by sensory integration and movement break.
- ▶ **2:00pm – 2:30pm** Attention Autism or Structured communication sessions.
- ▶ **2.30pm – 3:00pm** Topic based and/or sensory learning opportunities based on Enrichment curriculum.
- ▶ **3:00pm – 3:15pm** Colour of the day, Class Celebration, Dojo Points., short term targets celebrate learning (RE & SMSC)
- ▶ *NB: Students within this Access 2 Learning group have individual timetables to address focused learning for Maths and English.*

