

# Curnow School



## Newsletter

### May 2022

Welcome to May and nearing the end of another half term—due to our late Easter this has been an especially short half term and we can't believe we will soon be one half term away from the end of another year at Curnow!

It has been lovely to see so many pupils and staff back in school this term and we have finally been able to take part in lots of lovely activities together as this Newsletter shows. It has been a joy to watch all of the different activities which have been enjoyed—especially helped by the warmer weather! I will take this opportunity to point out that I am yet to be offered a taste of 'Sowenna Sunshine' honey—just a subtle hint there kids—my office door is always open!

I was very fortunate to have been able to join our fantastic four on the Jubilee Challenge this year -it didn't feel that fantastic at 5am when Rob woke us up but the experience more than made up for it—I could not have been prouder of the pupils, staff (and Dad) who completed the walk. One student vowed "I am NOT doing this again next year" and that was about 200m into the 8 mile hike! I am pleased to report that when we finally crossed the line and I asked him again if he fancied doing it again next year he said "Oh, go on then!". Thanks also to Post 16 for providing the food for our camping trip—although Domino's may have been requested a couple of times the pasta Bolognese went down very well!

The weather forecast is looking promising for the half term so I hope that our families and our staff manage to enjoy the sunshine in our beautiful County. Looking forward to the final leg and a very busy second half of the Summer Term as well as welcoming our lovely families back into school soon for our end of year events!

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## Dates for your diary!

### Lower School

Half term— 30th May—  
6th June (children return  
on the 7th June)

Sports day—this will be  
early in July, date tbc

Celebration Day (formally  
known as ROA Day) -  
Mon 25th July (AM)—  
Tehidy & Eden classes

Tuesday 26th July (AM) -  
Sennen, Crofty &  
Sowenna classes

### Upper School

Sports day—TBC (End of  
June)

Celebration Day—22nd  
July KS3 AM and KS4  
PM. Post 16 - 14th July  
@ The Penventon Hotel

'Bag2School' collection  
Thursday 16th June

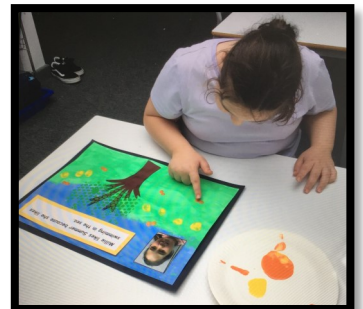
Immunisations for KS3 &  
KS4 on Wednesday  
29th June

# Lower School News



## News from Sowenna Class!

During our Weather topic we all chose our favourite Season and worked hard overall several art sessions using a range of techniques to create these beautiful pictures !



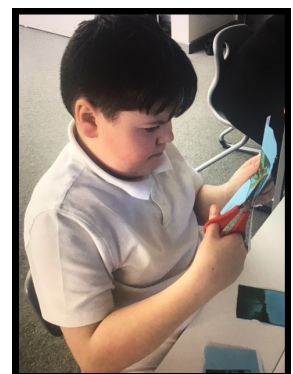
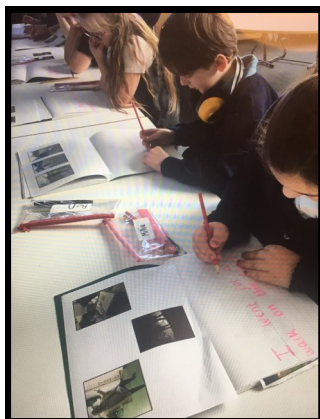
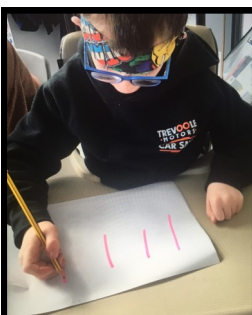
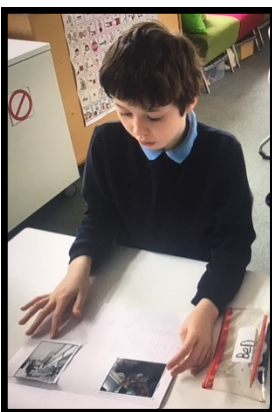
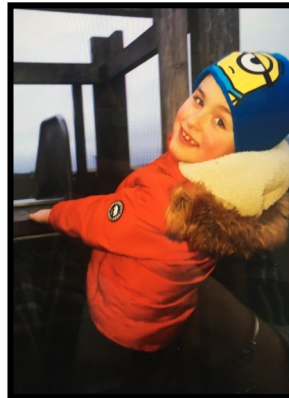
Our stunning pictures will be our entries for this years Stithians Show Art exhibition where I am sure we will win a prize or two!



# Lower School News



Sowenna's Weekend News session is a class favourite! Always lots to see, hear and talk about what we have done at the weekend before completing our entries in our books practising our writing, spelling, sentence construction, reading, mark-making and scissor skills!

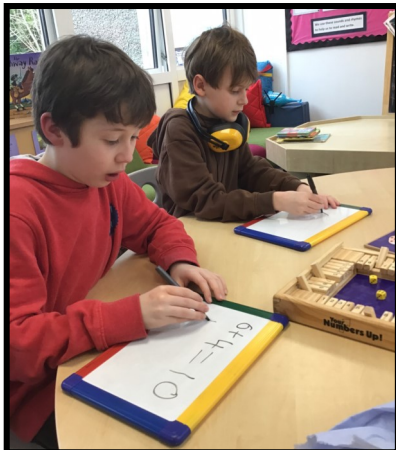




# Lower School News



We have all been working hard on our individual Maths targets and have enjoyed developing our skills in all mathematical areas.





# Lower School News



As part of our 'In the garden' topic we have been learning about bee's and the important work they do! We became busy bee's ourselves and decided to have a go at making our own special honey!



We picked the dandelions, de-petalled them and added a few extra ingredients & voila 'dandelion honey'! We all had a taste & thought it tasted ... bee-licious! We named the honey 'Sowenna Sunshine' & might have even passed the recipe over to our Post 16 friends!



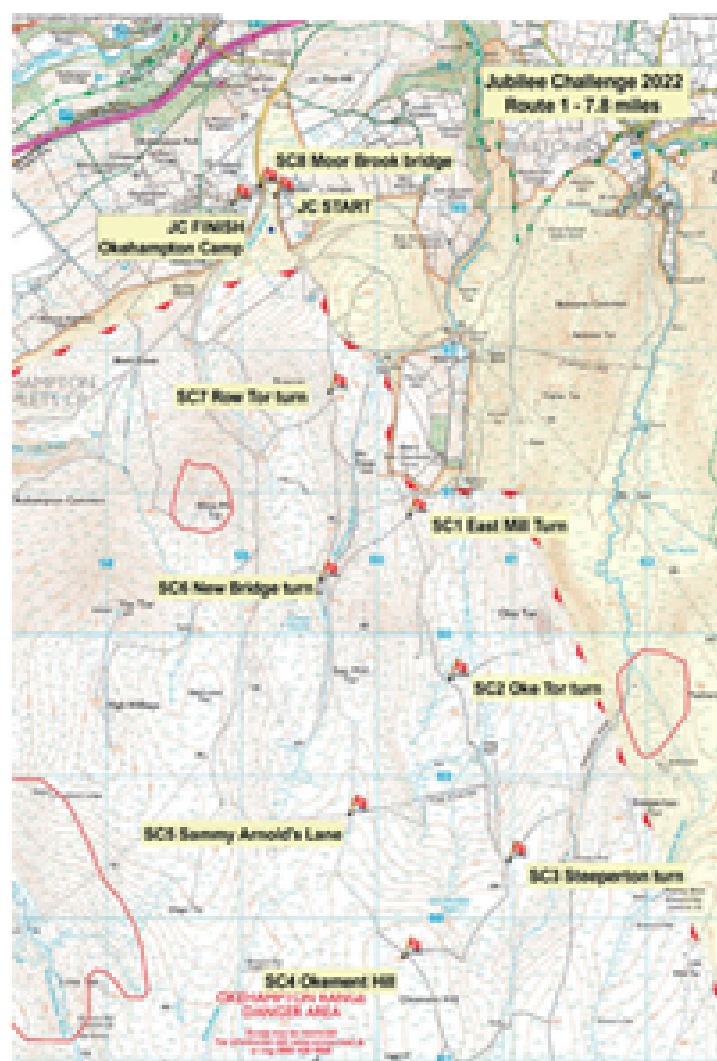


# Upper School News



TEN TORS  
2022

6th-8th May



The Jubilee Challenge is part of the Ten Tors event run by the Army.

Following a 2 year gap due to Covid, Cumow School were back at the event which took place on the 6th and 7th May 2022.

The challenge is attended by over 2,500 teenagers from across the South West and compete in teams across the rugged Dartmoor terrain

We took a team of 4 pupils up to Okehampton on the Friday afternoon to set up camp and prepare for our almost 8 mile walk.



TEN TORS  
2022

6th-8th May





# Upper School News



**The Ten Tors Campsite—We are there somewhere amongst the 2500 other teenagers!!**



**Team Curnow**



Putting up the tent, all hands on deck but obviously too much for some!!



# Upper School News



Tent up and a well earned cup of tea!!

Matthew is looking for a quick getaway in a rather large vehicle .....



... and Colin has caught a helicopter



# Upper School News



Plenty of jobs in camp before the walk after being rudely awakened at 5am.

The team keen and ready to go!!





# Upper School News



8 miles later across the Dartmoor terrain and the team made it!!





# Communication focus



Some resources to help you chat to your child about the Queen's Jubilee.

## Queen's Jubilee

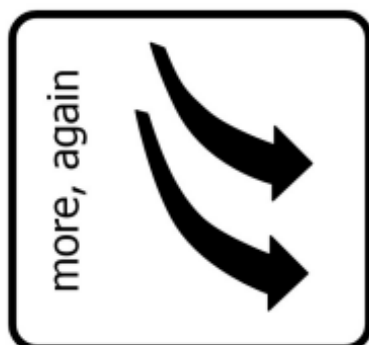
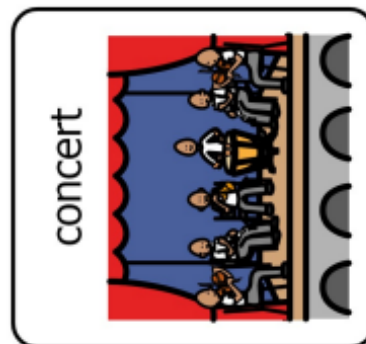
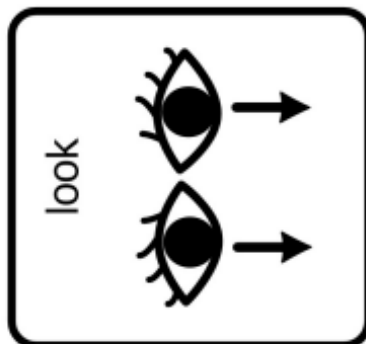
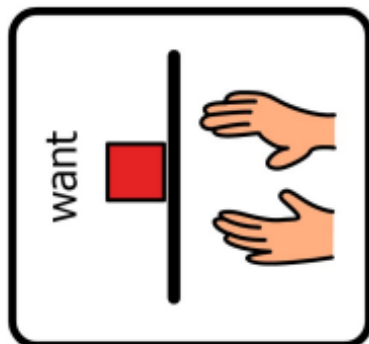
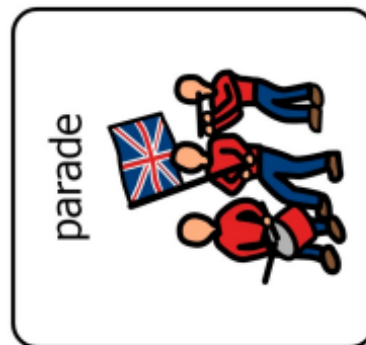
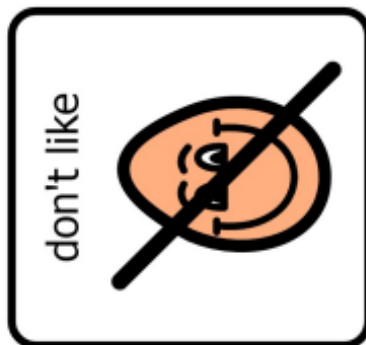
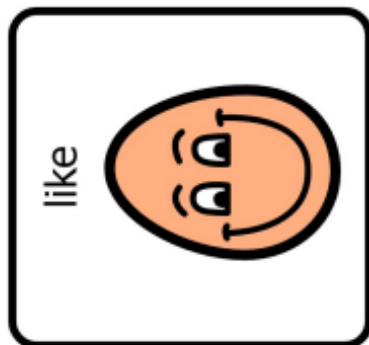
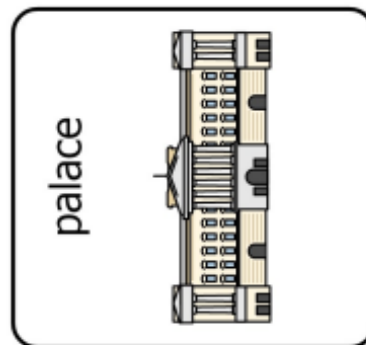
more, again 	help 	want 	like 	not, no 	Queen Elizabeth 
stop, finish 	different 	look, see 	wow! 	this, that 	Jubilee 
I, me, my, mine 	you, your(s) 	go 	uh oh! 	question 	70 years 
celebrate 	honour 	street party 	concert 	parade 	anniversary 
pretty 	bright 	beacon 	palace 	bank holiday 	Royal family 



# Communication focus



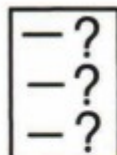
Queen's Jubilee Chart



# Communication focus



10 Top Tips  
To  
Tip Top  
AACommunication



One  
question at  
a time

Let us  
direct you to  
what support  
we need



Do not  
ignore what  
you do not  
want to hear



Use our  
non-verbal  
communication



Never  
pretend to  
understand  
what you  
have not



Be  
comfortable  
in the silences





# Communication focus



Be patient, it  
will be slow



Do not  
stereotype,  
we are all  
different

Talk to us  
directly not  
our supporters



Conversation  
is a two way  
process



Top Tips from users of AAC on how  
to be a good conversational partner!

These tips have been compiled by people who  
use AAC to help conversational partners  
who have not come across AAC before.

More information:  
[www.communicationmatters.org.uk](http://www.communicationmatters.org.uk)

Widgit Symbols © Widgit Software 2012 [www.widgit.com](http://www.widgit.com)



## *Mindfulness and Wellbeing for Carers*

June 14th 10.30am-1.00pm  
followed by lunch

Sands Resort  
Porth  
Newquay  
TR7 3LX

Booking: [traceypccc@outlook.com](mailto:traceypccc@outlook.com)







**CORNWALL ACCESSIBLE ACTIVITIES PROGRAMME**








CHARITY NUMBER 1169565









Many of you will be aware of CAAP and their holiday programme activities. The following pages show the timetable of events planned for the May half term. Please log onto the website to fill in the free membership form and this will allow you to book onto specific events.

<https://www.caapuk.co.uk/>

# News



Date & Time	Activity	Venue		Description	Cost	Open to	Ages	
Sunday 29 <sup>th</sup> May 4pm – 5pm	<b>Closed Swim Session</b>	Newquay Waterworld Trenance leisure Park Newquay TR7 2NZ		A closed swim session just for CAAP in the fun pool	Carer Free all others £3	DC/Sib/ Carer Add adult	All	
Monday 30 <sup>th</sup> May 10 - 11 11.30 – 12.30 1 - 2	<b>Axe Throwing</b>  <b>zg</b>	Celtic Tossers Tabernacle Seet Truro TR1 2EJ	There are no toilets at this venue	Test your throwing skills at this hour long session throwing axe and knives at a target	£7.50	DC/Sibs	8+	
Monday 30 <sup>th</sup> May 3pm 4pm 5pm	<b>Flowrider</b>	Retallack Resort Wlnards Perch St Columb TR9 6DE		A one hour session on the flowrider	£10	DC Sib	8+	
Monday 30 <sup>th</sup> May 945 – 1115 1130- 1pm 1.30 – 3pm	<b>Archery</b>	Trelissick Gardens Feock Nr Truro TR3 6QL		Challenge yourself to a game of archery	£5	DC Sibbs	5+	







Date & Time	Activity	Venue		Description	Cost	Open to	Ages	
Tuesday 1 <sup>st</sup> June Arrival between 10 and 12	<b>Camel Creek</b>	Tredinnick Wadebridge PL27 7RA		A visit to Camel Creek for rides animals and slides. Carer free DC £6.95 and all others payable on the day directly to camel creek. Additional Family and friends welcome	Carer Free DC £6.95 All others £12.95	Family	All	
Wednesday 1 <sup>st</sup> June 10am – 11.30 11.45 – 1.15	<b>Pony Cycles</b>	Fraddon Village Hall Old A30 TR9 6NT		Come along for fun and games on the pony cycles	£4	DC Sibbs	5+	
Wednesday 1 <sup>st</sup> June 1.30 – 3.40	<b>Bollywood dance and crafts</b>	Fraddon Village Hall Old A30 TR9 6NT		Learn to dance Bollywood style, have a henna tattoo and make some Indian crafts	£5	DC Sibbs	All	
Wednesday 1 <sup>st</sup> June 10.30am	<b>Teddy Bears Picnic and toast to the queen</b>	Cardinham Woods Nr Bodmin PL30 4AL		A scavenger hunt around Cardinham woods ending with a picnic together (bring your own) and a non alcoholic toast to Her Majesty the Queen	Free	DC.Sibs	All	





Date & Time	Activity	Venue		Description	Cost	Open to	Ages	
Wednesday 1 <sup>st</sup> June  1pm  2pm	Closed Swim Session	Jubilee Pool Battery Road  Penzance TR18 4HH		A closed session in the geothermal pool  One adult per disabled child only	£5 each incl carer	DC Sibs Carer	5+	
Sunday 26 <sup>th</sup> June  4pm – 5pm	Closed Swim Session	Newquay Waterworld Trenance leisure Park Newquay TR7 2NZ		A closed swim session just for CAAP in the fun pool	Carer free all others £3	DC Sibs Carers	All	

## Key to symbols

DC = Disabled Child	DYP = Disabled Young Person	Child = any child	YP = any young person	SIBS = Event just for siblings of a registered DC or DYP	
 Fully Accessible Mobile Changing Facility on site for this activity, please Google 'Mobillio' for more info	 A changing Place has been installed at this site.	 Larger than standard changing space with bench, ceiling hoist and or mobile hoist	 The site has full wheelchair access.	 Site has wheelchair access but does have some steps on site or rough terrain.	 An Online activity Via Zoom



**CORNWALL ACCESSIBLE ACTIVITIES PROGRAMME**

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