



# Help to access Local Services for Families with Disabled Children and Young People aged 0 – 25 in Cornwall



Supporting the Local Offer in Cornwall

Families in Cornwall have stated that they are sometimes struggling to access information on services and organisations that can support them. Professionals too, need access to timely information when visiting families. Contact details often change so we have only listed the organisations and their details of what they provide, if you have limited or no internet access the Family Information Service will be happy to help you – please call 0800 587 8191 or 01872 323 535

This booklet has been put together by the Parent Carers Cornwall, as a step towards helping you and professionals access information about services quickly. It supplements the information available through the Local Offer

[www.supportincornwall.org.uk](http://www.supportincornwall.org.uk)

It lists in alphabetical order many of the services that offer help and support for families, with disabled children and young people from 0 – 25 years, in Cornwall. It is a useful starting point to help you identify the services available. It also covers services for disabled young people in transition services and includes information about some adult's services too. The key for symbols is as follows:



Health focussed service



Activity focussed service



Education focussed service



Equipment focussed service



Family focussed service



Technology focussed service



Money focussed service

## AAC (Alternative and Augmentative Communication) Assessment Team - Cornwall Council 🍏

This team works with children who have been referred by their Speech and Language Therapist. Children referred may have little or no speech but are able to understand language. The AAC Assessment Team consists of a Specialist (AAC) Speech and Language Therapist and a Technical Officer.

## Ability Net 💻

Ability Net is a national charity helping disabled adults and children use computers and the internet by adapting and adjusting their technology. Our special expertise is ensuring that whatever your age, health condition, disability or situation you find exactly the right way to adapt or adjust your ICT to make it easier to use.

## ABLEize - disability and mobility directory 🗺️

Dedicated to disabled groups, clubs and support includes blind clubs, wheelchair users social, support, sports and swimming groups plus stroke and deaf clubs as well as other sites of interest or assistance to the disabled or those with learning disabilities located in Cornwall and Cornish locations.

## Accessible Countryside for Everyone (ACE) 🗺️ 👤 👤 👤

Promoting accessibility to leisure and sport, signposting family, carer and disability support.

## ACE – Education, Advice & Training 📁

Independent advice to parents/carers of children in state-funded schools who are experiencing difficulties such as bullying, SEN, admissions and exclusion from school.

## Action for Children

Making sure every child and young person has the love, support and opportunity they need to reach their full potential. Together for Families & Kernow Young Carers Project providing support for young carers and families throughout Cornwall. Kernow Young Carers offers support and activities throughout the year to provide the young carers with a much needed break from caring and additional help.

## Active8 - for young people with physical disabilities

**Active8** provides support for young people with physical disabilities in Cornwall who do not have a learning disability. We aim to develop teamwork skills and personal maturity, while offering opportunities for adventure. **Acceler8** project enables young people aged 14 - 17 to meet for a series of fun and challenging residential weekends. **After8** is a social group for 16-25's which meets once a month somewhere in Cornwall. **Advoc8** is for over-14's who want to discuss and make their voice heard to improve local services: **Motive8** is a skills training course for a small group of young adults who choose to work systematically towards increasing their independence.

## Adaptations, Aids and Equipment (children and young people)

Paediatric Occupational Therapists assess the needs of children and young people with disabilities at home, in school, and in short breaks settings. Adaptations to your home: it may be necessary to make alterations to your home to help you and your child to manage essential daily activities more easily. The Paediatric Occupational Therapist will assess your child's needs and provide advice on any equipment or alterations required. They may also contribute to your child's Education, Health and Care Plans.

## ADHD Support Groups

Do you find your child's behaviour difficult to manage? Would some friendly support and advice be helpful? If you would like to be able to talk in confidence and meet other parents experiencing similar challenges, then do come along. Your child does not need to have a diagnosis or EHCP for you to attend this group.

## Adoption and Family Finding Unit

Recruiting and assessing prospective adoptive families. Counselling birth parents. Finding adoptive homes for children unable to live with their birth families. Undertaking step parent adoptions. Supporting adoptive parents, adopted children and adults. For more information, please refer to the Cornwall Council website

## Advance

We support thousands of people - including disabled people, people with a mental health issue and people with a learning disability - at home, at work or in the community to live the life they choose, however varied or complex that life may be.

## Advocacy – Cornwall

We provide independent free advocacy support for people in Cornwall with a learning disability. We also have specialist projects supporting young people (11-18), and parents with a learning disability.

## Afasic - Unlocking Speech & Language

Afasic is the UK charity representing children and young people with speech, language and communication difficulties, working for their inclusion in society and supporting their parents and carers.

## **Albinism Fellowship**

The Fellowship is a positive and sociable volunteer-run organisation that aims to provide information, advice and support for people with albinism and their families. We also provide information about the condition to professionals working with people with albinism, and other appropriate interested parties.

## **Arthritis Care**

Arthritis Care exists to support people with arthritis. We are the UK's largest charity working with and for all people who have arthritis.

## **The Arthrogyryposis Group (TAG)**

TAG (The Arthrogyryposis Group) is a UK charity providing support and information to people affected by Arthrogyryposis Multiplex Congenita (AMC).

## **Asperger's Syndrome Foundation**

The Asperger's Syndrome Foundation is committed to promoting awareness and understanding of Asperger's Syndrome. The Foundation aims to promote high quality support and services, and to enable people with Asperger's syndrome to develop into members of the community who are respected for their contribution and recognised for their unique differences.

## **Aspire (supporting people with spinal injury)**

Aspire provides practical help to people who have been paralysed by Spinal Cord Injury, supporting them from injury to independence.

## Aspires (Dreadnought)

Aspires groups provide a fun and safe environment for young people, where they are supported to develop and improve their social skills, confidence, self-esteem and independence. Dreadnought Aspires project is a moving on programme – the overall aim of the project is to support young people with ASD to access mainstream social activities. To access the Aspires service, young people need a definite medical diagnosis of an Autism Spectrum Disorder and be aged 8 – 18 years. They need to be in mainstream education or of mainstream cognitive ability.

We are a countywide service. Currently, there are groups in the following locations – Penzance, Pool, St Austell, Bodmin, Liskeard and Launceston. Age ranges for groups are age 8 – 11 (primary), 11 – 14 and 14 – 18 years, however, these are flexible and dependant on the referrals received in that area.

## Association for Real Change (ARC)

ARC is a forward thinking National Charity with a dedication to promoting REAL CHANGE in the learning disability sector. Our members are the key to achieving this. ARC supports learning disability providers to put REAL CHANGE into action by providing information, training, support, advice and networking opportunities.

## Asthma UK

We work to stop asthma attacks and, ultimately, cure asthma by funding world leading research and scientists, campaigning for change and supporting people with asthma to reduce their risk of a potentially life threatening asthma attack.

## Attitude is Everything



Attitude is Everything improves Deaf and disabled people's access to live music by working in partnership with audiences, artists and the music industry.

## Audiology Services (children's) - Royal Cornwall Hospital NHS Trust



We offer hearing assessments for children from birth to adulthood. We provide hearing aids for children or young people with a hearing impairment as commissioned by KCCG (Kernow Clinical Commissioning Group).

## The Autism Directory

The Autism Directory is an online directory website that aims to pull together the help and support that is out there and signpost autism families to the help they need. This is a free UK wide service available to anyone looking for help and support.

## The Autism Education Trust (AET)

helps children and young people with autism to receive an education, enabling them to reach their potential.

The AET is a not for profit programme led by two national autism charities – The National Autistic Society and Ambitious about Autism. Established and supported by the Department for Education, the AET promotes and supports partnerships throughout the education system to improve educational access, experience and outcomes for children and young people with autism.



## Autistic Spectrum Disorder Assessment Team (ASDAT)

The Autistic Spectrum Disorder Assessment Team (ASDAT) is an experienced multi disciplinary team for children and young people who have complex social and communication difficulties.

ASDAT offers a detailed assessment of each young person's:

- strengths and needs;
- behaviours and skills;
- Interests and difficulties at home, at school and out and about.

## Back Up Trust

We are here to inspire independence in anyone affected by spinal cord injury and to encourage everyone to get the most from their lives. We work with people of all ages, from young children to the elderly, whatever the motivation or background.

## Beach Wheelchair Hire in Cornwall

Cornwall Mobility, in partnership with Disability Cornwall & Isles of Scilly, work with Cornwall Council as well as a diverse range of coastal charities and businesses in providing all-terrain wheelchairs, also known as sand chairs, for the public to use on a number of beaches in Cornwall.

## Benefits

If you're on a low income, you could be entitled to housing benefit or council tax support. Make sure you're claiming any other benefits you are entitled to. Some aren't available through the Council, so check the [GOV.UK benefits calculator](#) to see what else you can apply for.

## Bishops Forum



BF Adventure, formerly known as Bishop's Forum, helps hundreds of disadvantaged and disabled children and adults in Cornwall to believe in themselves and gain the skills and accreditations to succeed at school or to find employment.

## bibic - Changing Children's Lives

bibic therapists work closely with children, young people (aged six months to 18-years-old) and their families to help them tackle challenges affecting their social, physical, communication and learning abilities.

These include developmental conditions such as autism, cerebral palsy, Down's syndrome, brain injury and other conditions like dyslexia and Asperger's syndrome that impact on learning and development.

## Blind at Sea (BATS)



Sailing for the visually impaired. Sailing in keel boats once a fortnight (Saturdays) & other water based activities eg fishing etc Age from 18 years

## Bobath Centre

We are a specialist treatment centre providing individually tailored therapy for children who have cerebral palsy and other allied neurological conditions. Our aim is to improve the quality of life for children so that they are healthy and active, and can participate in everyday life to the best of their ability.

## Brainwave

Brainwave exists to help children with disabilities and additional needs to achieve greater independence. Aiming to improve mobility, communication skills, and learning potential, through a range of educational and physical therapies.

## Brandon Trust Supported Living - Cornwall



Supported Living

Specialisms/services: Learning disabilities

## British Blind Sport



At British Blind Sport, we help blind and partially sighted people get active and play sport.

## British Dyslexia Association (BDA)

The BDA is the voice of dyslexic people. We aim to influence government and other institutions to promote a dyslexia friendly society, that enables dyslexic people of all ages to reach their full potential.

The BDA promotes early identification of specific learning difficulties (SpLD) and support in schools to ensure opportunity to learn for dyslexic learners.

## British Institute for Learning Difficulties (BILD)

Offers a range of services to support those working with people with learning disabilities and their families.

## British Heart Foundation

The British Heart Foundation (BHF) is the nation's heart charity and raises funds for pioneering research that saves and improves the lives of people who have been affected by heart disease. Our aim is to ensure heart and circulatory disease is no longer a major cause of death in the UK.

## The British Stammering Association

BSA offers impartial information and resources, in our 'Help & Information' section. We also offer a helpline which you can contact if you'd like to chat to someone, or perhaps just need a bit of telephone practice before making a difficult call.

## (CAAP) Cornwall Accessible Activities Programme



CAAP was formed by a group of parents of children with additional needs, to support families to access activities during school holidays. We are currently pending charity status. The criteria for CAAP are children and young people aged 0-25 years who have (or had) a statement to attend a mainstream school or go to a special school, ARB or PRU. If a child does not meet this criterion, but cannot attend mainstream activities, a professional involved in the child's care can sign the referral form.

## CAB – Citizens Advice Bureau

The Citizens Advice Bureau offer free, independent, confidential and impartial advice to individuals on their rights and responsibilities. As an organisation the CAB values diversity, promote equality and challenge discrimination. You can find the CAB at 10 main offices and 10 outreaches across the Cornwall.

## Calvert Trust



Calvert Trust Exmoor enables people with physical, sensory and learning disabilities to experience exciting, challenging and enjoyable outdoor activities.

## c-App - Disability & Work Capacity Benefits Support

Two web-apps, one for ESA and one for PIP, that offer guidance, advice and support on most aspects of the application process. You can even have a go at a practice run of the sort of questions you may be asked by an assessor.

## Car Adaptions – Motability

The Motability Scheme enables disabled people to lease a new car, scooter or powered wheelchair, using their Government funded mobility allowance. If you receive the Higher Rate Mobility Component of Disability Living Allowance, the Enhanced Rate of the Mobility Component of Personal Independence Payment (PIP), the War Pensioners' Mobility Supplement (WPMS) or the Armed Forces Independence Payment (AFIP) you may be eligible to join the Motability Scheme.

## Care Choices

Care Choices is a specialist information provider for care of the elderly and the specialist care of adults with additional needs (aged 18 – 64) in all types of care settings from care in your own home to care homes or independent living alternatives.

## Carers Break Community Interest Company

Carers Break have a growing team of very professional Care and Support workers that can support you during the day or overnight wherever you live in Cornwall. The quality of how you and/or your loved one is cared for is at the heart of everything we do.

## Carers Rights

Carers Rights provide free and independent Advocacy services for Carers, with particular focus on Carers of people with learning disabilities. Providing emotional support and information to enable Carers to access services and benefits. There are nine Carers Forums throughout Cornwall.

## Carers Trust

A registered charity providing information, support and practical help for carers. We aim to ensure that information, advice and practical support are available to all carers across the UK.

## Chaos - Community Helping all of Society

CHAOS is part of the Stayathome Group. Stayathome are regulated by the CQC and have provided domiciliary care and supported living services in Cornish communities for over ten years. CHAOS offers people the opportunity to access an innovative day care service whereby they volunteer as part of a team in our cafe or on our small holding farm.

## Cerebra

Is a unique national charity that strives to improve the lives of children with neurological conditions, through research, information and direct, on-going support.

## Challenging Behaviour Foundation for people with severe learning disabilities

We are a charity for people with severe learning disabilities whose behaviour is challenging. We work to improve understanding of challenging behaviour, empower families with information and support, and help others to provide better services and more opportunities.

## CHANGE

CHANGE is a leading national human rights organisation, campaigning for equal rights for all people with learning disabilities. CHANGE produces training and accessible information on subjects including parenting, sexuality, employment, health, housing and cancer.

## Changing Faces

A charity for people and families whose lives are affected by conditions, marks or scars that alter their appearance. Our work is divided into two areas: Changing Lives - We aim to help individuals lead full, confident and satisfying lives. Changing Minds - We aim to transform public attitudes towards people with an unusual appearance.

## Changing Places in Cornwall

Changing Places are fully accessible toilets. They contain a range of additional features and more space to meet the needs of people with disabilities. To access some Changing Places facilities, you will need a RADAR key. If you do not have one you can get them from all Council offices, and most One Stop Shops in Cornwall.

## Child and Adolescent Mental Health Services (CAMHS)

Child and Adolescent Mental Health Services (CAMHS), support children and young people up to the age of 18. The service helps children and young people deal with emotional, behavioural or mental health issues. These include: Emotional problems e.g. anxiety, depression, anger, mood swings, low self-esteem. Problems with your behaviour. Relationship problems, including difficulties in the family, with friends or colleagues, in school or the community, as well as difficulties associated with attachment and loss.

## Child Bereavement UK

Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.

## Child Development Centres (CDCs)

A Local Authority area resource for preschool children experiencing significant difficulties with aspects of their development. The aim of the CDCs is to support multi agency assessment, inclusion and engagement of children into Early Years Foundation Stage (EYFS) teaching and learning opportunities. They aim to provide support for parents/carers and EYFS providers in how best to teach and meet the individual needs of the children.

## The Childhood Eye Cancer Trust (CHECT)

Is a registered charity dedicated to providing support to people affected by retinoblastoma (Rb).

## Children's centres



Are designed primarily for children under five and their families to receive high quality integrated services and information within their communities.

Centres offer services to give children the best start in life and help them reach their potential.

Services in centres across the county include:

- Access to health and parenting support services
- Information about training and employment
- Access to play activities and childcare
- Support for children and parents/carers with additional needs
- Community meeting rooms
- Access to toy libraries



## Children's Hospice South West

We provide hospice care for children with life-limiting conditions and their whole family across the South West. The care we offer is wide ranging; respite and short breaks, emergency care, palliative care and end of life care. We operate three hospices; Little Bridge House in North Devon, Charlton Farm in North Somerset and Little Harbour in mid Cornwall.

## The Children's Trust

We are the UK's leading charity for children with brain injury. Our national specialist centre is in Tadworth, Surrey, where we provide rehabilitation to children with acquired brain injury and specialist medical/transitional care to children with complex health needs.

## CLIMB - National Information Centre for Metabolic Diseases

We are committed to fighting metabolic diseases through research, awareness and support. We are the UK's only dedicated organisation to provide information and support on all metabolic diseases to children, adults, families, carers and professionals.

## Cochlear Implanted Children's Support Group (CICS)

CICS is an independent, voluntary group run by parents whose children have cochlear implants to help others whose children already have implants and those who are considering cochlear implantation for their child whether unilateral, simultaneous or sequential bilateral.

## Coeliac UK

We are the oldest and largest coeliac disease charity in the world and we have been working for people with coeliac disease and dermatitis herpetiformis since 1968.

## Cognition and Learning Service

The Cognition and Learning Service is one of several SEN Support Services which are part of the Cornwall Council 'Together for Families' Directorate. The Cognition and Learning Service supports schools in ensuring the effective inclusion, achievement and progression of children and young people with cognition and learning needs.

## Communication Support Service – Cornwall Council

This team of Specialist Speech and Language Therapists and assistants work as a tier of the community Speech and Language Therapy service. They work with children with the most severe and/or complex communication needs in mainstream primary, secondary schools or ARBs.

## The Communication Trust

The Communication Trust is a coalition of more than 50 not-for-profit organisations, who provide support to children and young people with Speech, Language and Communication Needs (SLCN).

## Community Children's and Diana Nurses

These are teams of specialist qualified nurses who support children with complex health needs and their families.

## Contact - For Families with Disabled Children

In the South West of England we offer our services through a team of home-based workers and volunteers. Working at a local and regional level, we have up to date information on local services and sources of support for families with disabled children.

## Contenance - ERIC (Education and Resources for Improving Childhood Contenance)

ERIC is a national charity providing information and support on all aspects of childhood continence, including bedwetting, daytime wetting, soiling and constipation; to children, young people, parents/carers, including children with special needs.

## Cornwall Carers Service

Cornwall Council is launching an all age carers service in Cornwall. The new service, which will provide support for all unpaid carers, is being delivered jointly by Action for Children, working with Cornwall Rural Community Charity and the Family Information Service. This will see Kernow Young Carers and Cornwall Carers coming together to form one service.

## Cornwall College

The Cornwall College Group is the county's largest education and training provider. We support 35,000 learners of all ages each year, 2,000 of whom are studying at university level. Our achievements are plentiful, and our proven track record of over 10,000 apprentices in the past ten years makes us the most successful provider of apprenticeships in South West England.

## Crelling Harnesses

Crelling Harnesses is a friendly family based company offering a full range of seatbelts and harnesses for children and adults with special needs.

Our belts and harnesses are designed to offer postural support or in the case of learning difficulties and challenging behaviour a certain degree of restraint.

## Council for Disabled Children

Council for Disabled Children (CDC) aims to make a difference to the lives of disabled children and children with special educational needs. We do this by influencing Government policy, working with local agencies to translate policy into practice and producing guidance on issues affecting the lives of disabled children.

## Council Tax Reduction Scheme - Disabled Reduction

This is a scheme that gives help towards your Council tax bill if the appropriate disability criteria are satisfied.

To qualify for a reduction your home must contain either:

- a room which is not a bathroom, kitchen or lavatory and is mainly used for meeting the needs of a disabled person - for example, a room set aside for dialysis or other therapy
- an extra bathroom or kitchen for use by the disabled person.
- extra space inside the property to allow for use of a wheelchair.

## Cornwall Works Hub

Cornwall Works makes a difference by helping more people start work, stay in work and progress in work. If you need support but don't know where to start then get in contact by phone or email.

## Cornwall Deaf Centre

Cornwall Deaf Centre provides an invaluable service to all deaf/hearing impaired adults/children and their friends and families in Cornwall. We provide regular social evenings, children's groups, a youth group, deaf church, lunch clubs, sporting events, BSL classes and regular fundraising events.

## Cruse Bereavement Care

The leading national charity for bereaved people in England. Offering support, advice and information to children, young people and adults when someone dies.

## CSW Group Ltd Newquay

CSW Group is a service for young people giving independent and impartial information, advice, guidance and practical help in preparing for adult and working life. Advisors are based across the South West and in young people centres, schools and colleges and community centres across Cornwall and the Isles of Scilly.

## Cystic Fibrosis Trust

working towards a brighter future for everyone with cystic fibrosis by funding cutting-edge research, driving up standards of care and supporting people with the condition and their loved ones every step of the way

## Diabetes UK

The UK's leading diabetes charity. We care for, connect with and campaign alongside and on behalf of all people affected by and at risk of diabetes.

## Diabetic and Endocrine Specialist Services

Cornwall Diabetes and Endocrine Specialist Services are based at CDEC, which is located next to the helipad behind the main RCHT site. In addition to clinics for patients with diabetes, endocrine and lipid problems within RCHT, the department also carries out clinics in Penzance, Falmouth, Newquay, Bodmin and St Austell.

## Dimensions - UK

We provide support services for people with learning disabilities and support services for people with Autism. We offer a range of support services to children and adults of all ages, including those with complex needs or challenging behaviour.

## Direct Payments for education – Personal budgets for education/ health? £

Personal Budgets are designed to give children, young people and their families choice, control, flexibility and independence. Personal Budgets are resources that may come from education or social care which families can use to support their disabled child or young person's assessed needs. The NHS is also making Personal Health Budgets available from to anyone assessed as eligible for Children's Continuing Care. A Personal Budget can be used to access services from the statutory and independent or voluntary sector providers, mixing and matching what is available from organisations to best meet your child or young person's needs. To be eligible to receive a Personal Budget, children and young people must be assessed as requiring social care and / or special educational needs. They must also be involved in the Education Health and Care Plan (EHCP) process; and they must be resident in Cornwall.

## Direct Payments for Children and Young People £

Direct Payments are payments that are paid to the parent or carer of a disabled child, or to a disabled young person up to 18 years of age. It enables them to either arrange and pay for their own support and services or to receive support from an independent sector provider. Direct Payments will allow you to employ your own staff to provide care and support for your child or young person, instead of receiving assistance arranged from Cornwall Council. There is no charge involved in choosing Direct Payments and your entitlement to welfare benefits will not be affected.

## Disability Rights UK Independent Living Advice Line

Disability Alliance, Radar and National Centre for Independent Living have joined together to form Disability Rights UK, which is led, run and controlled by disabled people, with disabled people making up at least three-quarters of its board members.

Provides advice on getting direct payments, including information on:

- individual budgets/personalisation
- funding from social services in relation to the care needs of the disabled (that also involves issues around appealing against the decision of social services)
- general advice on employing personal assistants

## Disability Rights UK Disabled Students Helpline

can support students who are studying in Wales and Scotland with general information on the Equality Act, welfare benefits and access to Higher Education. Post-16 education & training enquiries from disabled students or professionals working with disabled students.

## NDCS - National Deaf Children's Society

National Deaf Children's Society - NDCS

Our mission is to remove the barriers to the achievement of deaf children throughout the world.

## Deafblind UK

Deafblind UK is a membership organisation of, and governed by, people who are deafblind or have both a sight and hearing loss. We champion the rights and interests of all people who are deafblind or have a combined sight and hearing loss and deliver quality services to give these individuals autonomy and control over their lives. Through our work we support equality, independence and choice.

## DIAL (Disability Information and Advice Line)

Free, confidential advice service for people with disabilities, their friends, families and carers throughout Cornwall. Outreach appointments available for one to one support. DIAL is a project under Disability Cornwall

## Disability Benefits Centre £

Get advice or information about a claim you've already made for Disability Living Allowance, Attendance Allowance or Personal Independence Payment.

## Disability Cornwall

Disability Cornwall is a user-led 'Disabled People's Organisation' that acts as the representative voice for all disability in Cornwall. It aims to support, promote and facilitate the full inclusion of disabled people through a variety of initiatives and community based services.



## Disability Cornwall Personal Assistant & Employer Support Service

We have a great facility on our website for parents/carers of disabled children, young people and adults (employers) to find PA's. Simply register, complete a tick box list on your requirements in a PA and it will present you with a shortlist of people who match your requirements (There are currently 63 PA's registered who are looking for work)  
[www.disabilitycornwall.org.uk/paregister](http://www.disabilitycornwall.org.uk/paregister)

## Disability Grants - Your Guide to Grants for the Disabled £

Are you a parent or carer of a Disabled child or adult? If so, use this website to save time finding Disability Grants. Charities and Trusts provide funding towards the high cost of disability equipment, holidays, housing, days out.....in fact anything above and beyond the normal costs of everyday living.

## Disabled Facilities Grant £

You could get a grant from your council if you're disabled and need to make changes to your home, for example to:

- widen doors and install ramps
- improve access to rooms and facilities - eg stairlifts or a downstairs bathroom
- provide a heating system suitable for your needs
- adapt heating or lighting controls to make them easier to use

A Disabled Facilities Grant won't affect any benefits you get.

## Disabled Living Foundation (DLF)

The Disabled Living Foundation (DLF) is a national charity providing advice and information on equipment for independent living for all ages. The advice and information is free to the public through its Helpline.

Factsheets on children's equipment can also be downloaded from the website. The DLF also offers training aimed at health and social services staff, equipment suppliers and carers.

## Disabled Parking Permits - Blue Badges

The blue badge scheme provides a national arrangement of parking concessions for registered blind people and people with certain disabilities.

## Disabled Persons Railcard

The Disabled Persons Railcard is for people with a disability that makes travelling by train difficult.

## Disabled Students' Allowances (DSA) £

As a higher education student living in England, you can apply for a Disabled Students' Allowance (DSA) if you have a:

- disability
- long-term health condition
- mental health condition
- specific learning difficulty such as dyslexia

## Cornwall Down's Syndrome Support Group

Support for families who have a child or young person with Down's Syndrome.

- Emotional support
- Drop in sessions
- Social events and group breaks

## DHG - Down's Syndrome Heart Group

Down's Syndrome Heart Group is a small national charity offering support and information relating to heart conditions associated with Down's Syndrome.

## Dreadnought

The Dreadnought Centre is a registered Charity working Countywide with children and young people aged 8 – 19 who are experiencing problems in their lives. Dreadnought has an outreach project in the North, West and East of the County, providing many services for children and young people in their local area.

## Dyslexia Action

We provide support, assessments and tuition through our national Learning Centres, through online distance learning and in schools across the country, alongside supporting educators and employers through the provision of resources and training. We also undertake research and campaigning to improve the lives of those affected by dyslexia.

## Dyslexia Association – Cornwall

Supporting the needs of dyslexic children and young people in education and the workplace.

## Dyslexia Service – Cornwall Council

This service works closely with schools, children/young people, parents/carers and the Cornwall Dyslexia Association to ensure the successful inclusion of children and young people on the dyslexic continuum.

The service also supports schools in achieving the Cornwall 'Inclusive, Dyslexia Friendly Schools' initiative.

## Dyspraxia Foundation

Dyspraxia, a form of developmental Coordination Disorder (DCD), is a common disorder affecting fine and/or gross motor coordination in children and adults.

## Early Help Hub

Early Help includes help provided in both early childhood and early in the development of a problem. Early Help is available to children and young people of all ages from pre-birth up to the age of 18, and up to the age of 25 where young people have special educational needs or disability.

The Early Help Hub is the single point of contact for council and community health Early Help services for children in Cornwall. It provides information, advice and guidance, as well as access to Early Help services.

## Early Support

Early Support is an approach that works to ensure that services for disabled children are better coordinated, with a key working practitioner who can offer a single point of contact, coordination and support where families need it. Children, young people and their families are able to contact Early Support for advice and guidance relating to a child's disability. Early Support is available for children, young people and their families, pre-birth to 19 years.

## Early Years Inclusion Service – Cornwall Council

If pre-school children have significant learning, physical, emotional or social needs they may be supported by the Early Years Inclusion Service (EYIS). The Early Years Inclusion Service becomes involved following a request from a paediatrician, health visitor, speech and language therapist, parent, child minder or early years setting.

## National Eczema Society

We are the only charitable organisation in the UK dedicated to improving the quality of life for people with eczema and their carers. We have two principal aims: first, to provide people with independent and practical advice about treating and managing eczema; secondly, to raise awareness of the needs of those with eczema with healthcare professionals, teachers and the government.

## Education and Learning – Cornwall Council

For all information covering areas such as:

Schools in your area, Admissions, Transport, Bus passes, Child Protection, Complaints, Dinner Money, Early Years, Exam Result Enquiries, Free School Meals, Funding for Nursery, GCSE dates, Health and Safety in school, Performance Tables, Pre-school Clubs, Private Schools, Racial Equality, SATS dates, School Governors, Student Services, Term dates, Traveller Children, Truancy, Uniform and much more.

## Educational Psychology Service Telephone Advice Line – Cornwall Council

The Education Psychology Service has a confidential telephone advice line for parents/carers and professionals to talk about any concerns they have for their child in regard to special educational needs, disabilities or emotional health and wellbeing. Wednesdays from 2.00pm – 5.00pm

## Education Welfare Service - Cornwall Education, Health and Social Care

Each school in Cornwall has a nominated Education Welfare Officer (EWO) who visits regularly to check registers and discuss pupils about whom the school is concerned. The EWO can provide help and advice on: school attendance issues, bullying, exclusions, child protection measures, advice and information on other agencies.

## Education Welfare Service - Exclusions Advice

Advice for parents/carers if their child or young person is excluded from school on either a fixed term or permanent basis.

## Elective Home Education – Cornwall Council

Parent carers who make a decision to educate their children at home, can take information and advice from this service.

## Employment and Training (Maximus)

To work with disadvantaged and disabled people to maximise opportunities available to them in education, training and employment.

## Employability Cornwall - Cornwall Council

The Employment Support Officers have a lot of experience supporting adults with learning disabilities to find work or be self-employed. The team supports people who need help with application forms, help talking to employers, attending interviews and they offer support to do the actual job if it is needed. The team can also help you if you have autism, regardless of whether or not you have a learning disability. In schools and colleges, we discuss employment with younger people with learning disabilities and/or autism too, to help them prepare for work.

## Epilepsy Society

UK's largest epilepsy charity. It provides: care, medical services, research, a wide range of information and education and training to people with epilepsy, their families, friends and professionals involved in their care.

## Epilepsy Specialist 'Sapphire' Nurse

Epilepsy Specialist Nurse Review - usually in a clinic setting. Referrals can be made by most agencies and professional referrals can be made via your GP, paediatrician or neurologist.

## Young Epilepsy

Young Epilepsy is the national charity working exclusively for the 112,000 children and young people aged 25 and under with epilepsy and associated conditions.

## ERIC (Education and Resources for Improving Childhood Continence)

ERIC is a national charity providing information and support on all aspects of childhood continence, including bedwetting, daytime wetting, soiling and constipation; to children, young people, parents/carers, including children with special needs.

## Equus Solutions - Equine Assisted Therapy & Learning

delivers Equine Assisted Psychotherapy (EAP), an emerging field of psychotherapy which uses interaction with horses as part of a treatment to facilitate emotional growth and learning.

## Friends of Face2Face

Friends of Face2face is a free confidential service linking parent's and carers of children 0-25 with a disability or additional need.

They do this by holding Oasis meeting groups at various locations where parents of children and young people with additional needs of any kind, can meet to provide each other with informal support and information.

## Family Aide Service

We are a provider service that is commissioned by social care staff to support plans of care and intervention to improve the outcomes for children in Cornwall. We operate a countywide service that works within a multi-agency format. We work with families to improve the quality of care provided to children and to reduce the risk of family breakdown or child abuse leading to the children coming into care.

Referrals can be made via a social worker

## Family Fund

Family Fund is the UK's largest charity providing grants to families with disabled or seriously ill children and young people.

## The Family Holiday Association

The Family Holiday Association can make grants to provide holidays for families who are desperately in need of a break - either a short break or day trip. Families must be on a low income and not have had a family holiday within the last four years. Applications have to be made on your behalf by social services, health services or a welfare organisation.



## Cornwall's Family Information Service (FIS)

The Family Information Service is Cornwall's main signposting service for parents and carers of children aged from 0 – 20, or 25 if they have additional needs. As well as advice over the telephone, we also have a website full of information for families and professionals. We provide: confidential, impartial information and advice and support to assess the situation and offer possible solutions or 'next steps' The FIS is the only place to find details of all Ofsted registered childcare providers in Cornwall. If you are having difficulty in finding childcare, we can offer you a face to face brokerage service after which we will work hard to find a childcare provider that meets your requirements.

## Family Planning Association (FPA)

FPA is the organisation that makes sexual health a priority public health issue in the UK. FPA produces a wide range of publications and resources and offers a comprehensive training and consultancy service for professionals and community workers on sexuality, sexual and reproductive health, sex and relationships education and sexuality and disability.

## Cornwall Fire Service

Cornwall Fire Service offers free fire safety checks for people with disabilities in conjunction with Disability Cornwall. In order for us to assess your level of need, we need to ask some questions about you or the occupier of the property. Those with the greatest need in the community will be eligible for a free home fire safety check and will be contacted to arrange an appointment to do this.

## Fledglings

We are a non-profit shop that helps families with disabled children by supplying products and equipment that help with everyday challenges. We provide an easy and trusted environment to find the right solutions and allow families to connect and share their experiences. We are part of the national charity Contact.

## Disability Football - Ability Counts League

The league is in its 5th Season and is successful in offering football opportunities. We hold festivals once a month for children aged 8+ and adults of all abilities. Get in touch to join your most local club.

## Equality & Diversity Service (Education)

Promoting Inclusion and Celebrating Diversity. We work strategically across the Children's services Authority and in partnership with schools and other agencies to promote Equality and Diversity in Cornwall. We are committed to the principle that everyone is entitled to equal rights regardless of age, race, gender, disability, sexual orientation, culture, religion or belief.

We deliver Cornwall's Ethnic Minority Achievement Service and Traveller Education Service as a single, combined service.

## Family Learning

Family Learning is part of Cornwall Council's Adult Education Service.

We deliver free short courses to families in schools, children's centres and community venues. Help parents and carers to be more active in their children's learning and understand the impact of their support. Offer parents and carers activities to enable them to support their child's learning and brush up their own skills with the result that families enjoy learning together.

## Family Group Conferencing

Family group conferences put families, children and young people at the centre of decision making when the family is under pressure and they need skilled help to sort out their problems.

Family group conferences are a good way to help families get to the bottom of their problems and come up with workable solutions when those problems are affecting the welfare of a child or young person.

## Family Rights Group

Family Rights Group advises and advocates for families whose children are involved with, or need, social care services. We provide confidential telephone and online advice and support for parents and family members, including grandparents who are raising grandchildren who cannot live at home.

## Foundation for people with learning disabilities

We work with people with learning disabilities, their families and the people who support them. We carry out research and projects that help people be included. We support local people and services to include people with learning disabilities. We improve services for people with learning disabilities. We spread knowledge and information.

## The Fragile X Society

The Fragile X Society is a UK registered charity supporting all those affected by Fragile X Syndrome, the most common known cause of inherited learning disabilities.

## Genetic Alliance UK

We aim to improve the lives of people affected by genetic conditions by ensuring that high quality services and information are available to all who need them.

## Get Out There (GOT)

An activities group for young people (aged 11 - 18) with sight/hearing impairments and additional needs.

**Got Plus** are a group of young people who are helped to see, hear and feel life in different ways so that they can get a real "Sense" of the world around them.

## Guide Dogs

Guide Dogs provide mobility and freedom to blind and partially sighted children and young people via training them with Guide Dogs, and also offering the Buddy Dog service to families with a visually impaired child.

## The Haemophilia Society

The Haemophilia Society is the only national and independent organisation for all people affected by bleeding disorders.

## Headway Cornwall

Support people with acquired brain injury and their families and carers.

## Health and Wellbeing Service (CRCC)

Cornwall Rural Community Charity (CRCC) informs and guides local groups and individuals via a wide range of projects that offer support in health and wellbeing, carers support and community development.

CRCC's Health and Wellbeing service is independent and commissioned by NHS Kernow to be the voice of people in Cornwall with emotional and mental health issues.

## Health Promotion Service

Providing advice, guidance, training and resources for anyone providing or studying health promotion.

## Health Visitors and Family Health Practitioners

Health Visitors are qualified nurses or midwives with an additional public health training that enables us to provide a service in family and community health. We work in locality based teams in partnership with a range of services including GPs, Midwives, Social Workers and Children Centres. Our teams consist of Health Visitors, Staff Nurses and Community Nursery Nurses.

## Hearing Loss Cornwall

Formerly Cornwall Deaf Association

Hearing Loss Cornwall's purpose is to support deaf and hard of hearing in Cornwall and the Isles of Scilly. We provide information, advice, guidance and communication support to anyone who is affected by any degree of hearing loss. We also have a range of equipment for display and loan.

## Hearing Support Team – Cornwall Council

In partnership with parents, schools and colleges, related agencies and voluntary organisations, the service aims for children and young people with sensory impairment to develop good language and effective interactive communication skills, develop independence skills, be given the equality of opportunity to access a wide curriculum at school and college.

## HemiHelp - For Children and Young People with Hemiplegia

Contact is now providing support for this disability.

Hemiplegia is a neurological condition that affects children and adults in a similar way to a stroke. It is caused by injury to the brain and it results in a varying degree of weakness and lack of control on one side of the body. Hemiplegia affects one child in 1000.

## The Henry Spink Foundation

The Henry Spink Foundation is an independent charity created to help families of children with severe disabilities of all kinds. We provide information on conventional and complementary/alternative medicine, therapies and research relating to a very wide range of physical and mental disorders.

## Hft - providing local support services for people with learning disabilities

Hft is a national charity, providing services for people with learning disabilities throughout England. We support people to live life the way they choose - whether providing support for just a couple of hours a week, or 24 hours a day.

## Housing Benefit and Council Tax Support

If you are on a low income and rent your home you may qualify for housing benefit. If you pay council tax on your home and have a low income, you may also qualify for council tax support.

You can find more information about getting help with your rent or council tax by going online or you can ring Cornwall Council.

## Hugs Foundation

Intervention and support unit for children and young people  
Group/ 1:1 support Walking and talking Nature walks  
Fostering resilience, informal learning, learn new skills.  
Building self-esteem and confidence

## Hunrosa

Hunrosa helps people to sleep well. We are UK experts in resolving sleep issues across the age range, working with you. We provide sleep programmes for children and adults, workplace information sessions, classroom sessions for young people. Contact us for further information. Trusted and trained by the NHS and Sleep Scotland we are members of the British Sleep Society, World Sleep Society and the British Paediatric Sleep Association. Always happy to discuss sleep difficulties.

## Hydrotherapy Pool @ Polkyth Leisure Centre

Warm water therapy pool for use of the general public and referrals.

Hydrotherapy Pool (50 minute bookings). The Hydrotherapy pool is 34 C. We have an overhead hoist and a manual hoist for lowering people into the water. We have male, female and mixed changing areas.

## Hyperactive Children's Support Group (HACSG)

The Hyperactive Children's Support Group is a registered charity which has been successfully helping ADHD/Hyperactive children and their families. The HACSG is Britain's leading proponent of a dietary approach to the problem of hyperactivity.

## I Can - Helps Children Communicate

We are the children's communication charity. I CAN's mission is to ensure that no child who struggles to communicate is left out or left behind. Our aim is a world where all children and young people who struggle to communicate receive the help they need so that they can have a happy childhood, make progress at school and thrive as adults.

## In Control

We are a national charity working for an inclusive society where everyone has the support they need to live a good life and make a valued contribution.

## Information, Advice, and Support Services Network

Your local Information, Advice, and Support Service (IASS) offers impartial information, advice, and support for disabled children and young people, and those with SEN, and their parents. They will also be able to put you in touch with other local and national organisations.

## IPSEA (Independent Panel for Special Education Advice)

A charity offering free and independent advice to parents of children with special educational needs in England and Wales on:

- local authorities' legal duties to assess and provide for children with special educational needs;
- exclusions of children with special needs/disabilities;
- actions or inaction by local authorities and/or schools which discriminate against children with disabilities.

## isight Cornwall

Aim to support everyone in Cornwall with sight loss, of all ages, to lead active and independent lives.

## Just Breathe Cornwall

Just Breathe Cornwall is a small charity constitution. The charity provide grants, goods or services to help give access to preventative every day healthcare solutions that keep those with Cystic Fibrosis fit and well.



## Karrek Community CIC

We are 'new style' Not for Profit company supporting people with learning disabilities and their families. Our work is mainly with people who have personal budgets or direct payments and we are able to provide appropriately trained support staff to meet a wide range of assessed needs.

## Kernow Young Carers

A young carer is a child or young person (under 18) who provides regular care and support for a family member. The family member may be affected by ill health, a disability, mental ill health, substance misuse

## Learning Disability England

It is a national charity and membership organisation working with people with learning disabilities, families, advocacy organisations, housing and support providers and commissioners.

## Letterbox Library

A vast range of book suppliers in the UK and overseas and over 300 titles listed in our catalogue/on our website. Our books celebrate equality and diversity across the board and you'll find them in schools, nurseries, children's centres, libraries, charities and homes throughout the UK.

## Leukaemia CARE National Blood Cancer Charity

We are a national blood cancer charity supporting everybody whose lives have been affected by blood cancers.

Our services include, a 24/7 around the clock freephone care line. National Support Groups , Patient & Carer Conferences , Buddy Support. Patient Information Booklets and our downloadable information on our website.

## Limbless Association

The Limbless Association - a leading national charity supporting amputees.

## LIFE - Loving Life, Offering Hope

LIFE is a national organisation, and a registered charity, and was founded in 1970. LIFE is able to offer free pregnancy and pregnancy loss counselling services, including after abortion. LIFE's aim is to enable women to make an informed choice, by providing the support needed to make a decision. It offers free practical assistance to pregnant women and families with young children.

## Children's Liver Disease Foundation

National charity dedicated to taking action against the effects of all liver diseases of childhood. It provides a comprehensive information hub for healthcare professionals and the general public, with tailored support service for children, young people and young adults with liver disease and their families

## Liaison Nurses (Acute) for Learning Disabilities and/or autistic spectrum - RCH Trelliske 🍏

The Royal Cornwall Hospital Learning Disabilities service comprises of three Nurses who provide help and assistance to children and adults with a learning disability or autism when they visit the Trust's hospitals in Penzance, Truro and Hayle. Their role is to help patients with a learning disability requiring an Outpatient appointment move through the hospital system more smoothly.

## Learning Disability Liaison Nurses (Peninsula Community Health) 🍏

The Learning Disability Liaison Team is in place to provide advice and support for people with learning disabilities and their families around accessing mainstream health services. We are currently commissioned to work with over 18 year olds.

## Little Hearts Matter

Little Hearts Matter offers support and information, and raises awareness of those affected when a child has only half a heart, due to conditions such as Complex Pulmonary Atresia, Tricuspid Atresia, Hypo plastic Left Heart Syndrome (HLHS) or Double Inlet or Outlet Ventricle. Parent Support - One of the most important services that Little Hearts Matter offers is support for anyone affected by single ventricle heart disease.

## Livability

Livability is a disability and community engagement charity, promoting inclusion and wellbeing for all.

## Local Offer

Describes the provision that is available for children and young people with Special Educational Needs and Disabilities (SEND) and their families.

Cornwall's Local Offer website helps families by gathering in one place, the information that they need to know in order to make informed choices about the support they receive.

The Local Offer website is also a good resource for the professionals working with children and young people with SEND.

The Local Offer has been co-produced with parent/carers and young people with SEND. They chose the Care and Support in Cornwall website as the host for the Local Offer.

## Look UK

A charity that provides information, support and help to families with visually impaired children. Family support officers work directly with families, offering emotional support and advice regarding education, benefits and eye conditions. Look UK links parents so they can share experiences and support each other, either as individuals or as part of local parent groups. The Look Youth Project promotes independence among young visually impaired.

## Maternity Service - Cornwall & Isles of Scilly

Aims to provide support and advice by professionals in the antenatal, intrapartum and postnatal period for women and their families.

**Open to all pregnant women.**

## ME Association

Information, support and practical advice for people, families and carers affected by ME (myalgic encephalopathy), chronic fatigue syndrome (CFS) and post viral fatigue syndrome (PVS).

## Mencap Direct

Impartial advice on all learning disabilities issues in England. Helpline available Monday - Friday 9am - 5pm

## Mencap - Inspire Me

Inspire Me will provide practical activities and training, to give young people with a learning disability the opportunity to build their confidence and learn new life skills.

## **Meningitis Now**

Formed in 2013 by bringing together Meningitis UK and Meningitis Trust, founders of the meningitis movement in the UK – we exist to save lives and rebuild futures by funding research, raising awareness and providing support.

## **Mind**

We provide advice and support to empower anyone experiencing a mental health problem. We campaign to improve services, raise awareness and promote understanding. We won't give up until everyone experiencing a mental health problem gets support and respect.

## **Mobility Cornwall**

We are located on the Royal Cornwall Hospital campus at Treリス in Truro. We have 22 dedicated, highly experienced and committed staff members who deal with the multiple facets of mobility and independent living.

Our centre includes a showroom, for independent living and mobility equipment, and extensive workshop facilities. We have adapted vehicles available for assessments and driving tuition.

## **MPS Society For Mucopolysaccharide Diseases**

The Society for Mucopolysaccharide Diseases (the MPS Society) is the only UK charity supporting individuals and families affected by MPS and related diseases. These are progressive, life limiting genetic conditions.

Since 1982 we have been supporting children, adults and their families affected by MPS and related diseases, funding research into treatments and actively trying to raise awareness about this rare group of diseases.

## The Multi-Agency Referral Unit (MARU)

The MARU a multi-disciplinary response to concerns about the welfare or safety of a child in line with the LSCB guidance on interagency thresholds/continuum of need. The Multi-Agency Advice Team (MAAT) is a multidisciplinary team within the MARU. The MAAT provides advice and consultation in cases where the LSCB threshold for statutory social work intervention is not met. The MAAT gathers more information and considers those cases that are on the cusp of the threshold criteria for social work.

## The Multiple Births Foundation

Has become a national and international authority on multiple births. We are the only charity internationally which employs healthcare professionals dedicated to supporting multiple birth families and educating and advising professionals about their special needs.

## Music Therapy Cornwall – Cornwall Council

Music Therapy Cornwall is a team of six music therapists, all registered with the Health and Care Professions Council, who work across Cornwall.

## Drake Music

Drake Music breaks down disabling barriers to music through innovative approaches to learning, teaching and making music. We are pioneers in the use of assistive music technology to enable access to music making for all people. We work with disabled people from 2 years to adults at all levels of music making, in small groups or one on one.

## National Autistic Society Cornwall Branch

The Cornwall branch is run by a group of volunteers, which are made up mostly of people that have had autism touch their lives in one way or another.

All our volunteers have experienced many different ways that autism can affect life. With our gathered experiences & huge amounts of passion & dedication we hope to provide information/support to people who have an interest in autism

- Represent the needs of people and families across Cornwall
- Raise awareness and to help to influence change in the local area
- Campaign for positive change, provide support & information to you on every stage of your journey.

## National Family Mediation

We help families in conflict, especially those divorcing or separating

With over 30 years' experience providing expert, professional family mediation services, we work in over 500 locations across England & Wales.

## NCS - National Citizen Service

NCS is an exciting, adventurous and life-enhancing programme for young people currently in years 11 & 12. It is the biggest youth-development programme in England, giving young people the opportunity to develop new skills, make new friends whilst having fun during autumn or spring half terms. NCS is accessible to all, regardless of income, ability, educational attainment or ambition.

## National Youth Advocacy Service (NYAS)

NYAS is a UK charity providing socio-legal services. We offer information, advice, advocacy and legal representation to children, young people and vulnerable adults through a network of dedicated paid workers and volunteers throughout England and Wales.

## Netbuddy

Netbuddy is an award-winning site for swapping practical tips and information on all aspects of supporting people with learning disabilities. Find the answers from other parents/carers, teachers and therapists. Now part of SCOPE

## Network 81

Network 81 is a charity that supports, advises and trains parents and carers about the education of children with Special Educational Needs and Disabilities.

## Newlife foundation for disabled children

Together with people just like you, we are helping children in real need, in every UK county. Newlife equipment includes: beds, seating, wheelchairs, communication aids and much more, can relieve pain, keep children safe, prevent conditions worsening, give independence, the opportunity to learn and improve a child's quality of life.

## Cornwall Independent Occupational Therapy Services

Offers occupational therapy services to adults and children with a permanent and substantial disability.

## Cornwall One Parent Support

Cornwall One Parent Support (COPS) has been in existence for nineteen years as there had been no support for one parent families in Cornwall. The groups offer support with weekly meetings and activities. Events are planned for the whole family with the help of all members in the decision making.



## Options Group

Options Group is a leading provider of specialist services for children, young people and adults with autistic spectrum conditions (ASC), learning disabilities and complex needs; and behavioural, emotional and social difficulties (BESD).

## PALS - Patient Advice and Liaison Service

The PALS team can help you to quickly resolve any problems, make a suggestion or comment, find out who to talk to, find out about independent advice or advocacy services, obtain current health information and find out about Trust services. Working with staff and patients.

## Parents 4 Parents Cornwall

Parents 4 Parents Cornwall will accompany you to important meetings, empowering you to ask the questions about your child's needs whether at schools, health, care providers, short breaks, etc.

Parents are trained in understanding and supporting your needs, developing Education, Health and Care Plans (EHCP), signposting.

## Parent Carers Cornwall (PCC)

We aim to provide parents of disabled children and children with additional needs with a "voice" in Cornwall. We aim to ensure parent participation in service planning and delivery. We aim to campaign locally and nationally to improve services for children with additional needs. We also pass on information to families via a newsletter enabling parent carers to gain greater knowledge and understanding of the services available from health, education, local authority and the voluntary sector.

## Parent Support Advisor (PSA)

A Parent Support Advisor (PSA) provides a seamless link between home and school which enables a child/young person's well-being and promotes a positive attitude towards education.

Contact details: Your local school should be able to signpost you

## Penhaligon's Friends

The project aims to enable children and young people to remember the person who has died, to meet others to share their experiences and to improve communication between parents and children.

## Peredur Trust

Accommodation-based support for adults with autism, learning disability. Enquiries are also accepted for short breaks. We promote and improve the welfare and well-being of vulnerable individuals and groups, along with the advancement of their education, craft training and rural skills, in an integrated and sustainable environment.

## Personal Budget – Adults £

If your assessment from Adult Care and Support shows that you have eligible social care needs, we will give you a Personal Budget, to help you live at home. A Personal Budget is money you can use to organise and buy your own care and support. Adult Care and Support can still organise services for you if you prefer. It will give you more choice and control over the support you get. Your support plan could include care at home, short term care, minor home adaptations, loaning you equipment and more.

## Personal Budgets for Children and Young People £

Personal Budgets are designed to give children, young people and their families choice, control, flexibility and independence. Personal Budgets are resources that may come from education or social care which families can use to support their disabled child or young person's assessed needs. The NHS is also making Personal Health Budgets available from to anyone assessed as eligible for Children's Continuing Care. A Personal Budget can be used to access services from the statutory and independent or voluntary sector providers, mixing and matching what is available from organisations to best meet your child or young person's needs.

## PHAB

Phab inspires and supports children, young people and adults of all abilities to make more of life together. We do this through our network of over 170 local clubs across England and Wales and our annual Phabkids programme of exciting residential projects at fully accessible outdoor activity centres. Contact details are for the south west office.

## Physical Disabilities Service - Cornwall Council

Providing support to students with Physical Disabilities who attend mainstream schools across Cornwall. The key target is to ensure maximum access to the school curriculum.

**Contact name** Steve Deacon (East Cornwall) Anne Bunning (West Cornwall), Physical Disabilities Adviser

## Playmapp

Find Cornwall's play areas on [www.playmapp.co.uk](http://www.playmapp.co.uk), the playground-finder website. The website shows the locations of over 300 places to play in Cornwall, with playgrounds, skateparks, games areas and more. Every site featured is free of charge to visit!

## Pluss

Pluss is a Social Enterprise that supports thousands of disabled people each year to achieve work and a career. Pluss also directly employs hundreds of disabled people within its own commercial enterprises.

## Portage Service – Cornwall Council

The Portage Service provides a weekly home visiting service for children who meet our criteria. Portage workers are Early Years practitioners who have a good knowledge of child development, and have special needs experience. We are part of Cornwall Council's Disabled Children and Therapy Service. We provide support & guidance to enable parents to achieve the best outcomes for their child.

## Foundation for Prader -Willi Research

Our mission is to eliminate the challenges of Prader-Willi Syndrome through the advancement of research.

## Progress

Progress is the essential transition guide for 12 to 25 year olds with special needs. Transition is the move into adulthood when many life changing decisions are made and when vital information is needed. Progress helps with the transition process by providing all of the information needed to make positive, informed, key lifestyle decisions - all in one publication. Progress is used by young adults, parents, carers and professional advisers alike.

## Pupil Premium & Free School Meals

The pupil premium gives schools extra funding to raise the attainment of disadvantaged pupils from reception to year 11. Your child may be eligible if you are in receipt of any of the following benefits:

### Income Support (IS)

- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance.
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance.
- Child Tax Credit (CTC) with an Annual income of less than £16,190.
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit

## React

Helping children with life-limiting illnesses, React works to give children comfort, dignity and where possible, greater independence. We supply a wide range of equipment from specialist wheelchairs, beds, baths and mobility aids, to essential everyday homeware items like pushchairs and domestic appliances. This may include educational equipment to ensure a child's developmental needs are met; React Holidays at one of React's mobile holiday homes; and, very sadly, funeral expenses and memorial headstones.

## Remap

is a national charity working through local groups of skilled volunteers to help disabled people achieve independence and a better quality of life. We do this by designing and tailor making equipment for their individual needs. This helps them carry out essential daily tasks without having to ask for assistance, or take part in leisure occupations or sports that would otherwise be impossible for them.

## RESOURCE

Resource collects, cleans, repairs, refurbishes and sells unwanted furniture, appliances, bikes and other goods. We have two shops in Cornwall selling pre-loved, household items.

## Retinitis pigmentosa

Retinitis pigmentosa (RP) is the name given to a diverse group of inherited eye disorders. These eye conditions affect a part of your eye called the retina.

**See the entry for RNIB**

## Rett UK

Rett syndrome is a rare neurological disorder affecting mainly females and very few males. Although present at birth, it is usually undetected until major regression occurs at around one year of age, when children will lose acquired skills - this can be accompanied by distress and anxiety.

## Riding for the Disabled – Truro

The RDA's objective is to give the opportunity of riding or carriage driving to any disabled person to benefit their health and well being.

## Royal National Institute of Blind People (RNIB)

Royal National Institute of Blind People (RNIB) is the leading charity offering information, support and advice to almost two million people with sight loss.

If you or a loved one has a sight problem, we can help. We have practical ways to help you live with sight loss. We've got advice to help you travel, shop and manage your money and finances independently. We've also got advice on technology for blind and partially sighted people.

## Safe Place Scheme

'safe place', is a scheme with Cornwall Council. The scheme helps people with learning disabilities deal with any incident that takes place whilst they are out and about in the community – for example harassment, bullying or maybe the person they are meeting fails to turn up.

## Sailability Club – Mylor

The primary aim of the charity is to make the sport of sailing accessible for people of all ages with disabilities. We do also aim to increase the proportion of all ages playing sport at least once a week. This is to get the local disabled community on the water and keep them there to maintain a healthier lifestyle.

## SANDS - Stillbirth and Neonatal Death Society

Sands is an organisation which can offer you support when your baby dies during pregnancy or after birth. The death of a baby is a devastating experience. The effects of grief can be overwhelming and parents, their families and friends can be left feeling dazed, disorientated, isolated and exhausted. It can be hard to take in information, to make decisions or to imagine how you are going to cope. At Sands there are people who understand what it's like because many of us have been through this experience ourselves, and we are here to help offer support and information when you need it.

## SAUK - The Scoliosis Association (UK)

The Scoliosis Association (UK) (SAUK) aims to provide advice, support and information to people with scoliosis and other spinal conditions, including kyphosis and lordosis.

SAUK aims to provide advice, support and information to people affected by scoliosis, and their families. Raise awareness among health professionals and the general public

## Scope - About disability

We provide free, impartial and expert information, advice and support to disabled people, their families, carers and professionals. Contact Scope helpline for information, advice and support for all disability issues.

## Scope in Cornwall

Scope is a charity that exists to make this country a place where disabled people have the same opportunities as everyone else. We will support disabled children and young people to take part in any activity. Support for disabled people and their families at home and in the community. Our fully trained staff provide high quality, tailored and flexible support for people with a range of physical and learning impairments.

## SeeAbility

SeeAbility is a specialist registered charity enriching the lives of people who have sight loss and other disabilities, including learning and physical disabilities, mental health difficulties, acquired brain injury and life limiting conditions.

## SENDiASS

SENDiASS is the Special Educational Needs and/or Disability Information and Advice Support Service. Independent information and advice for young people and their families has to be arranged by every local authority in the country.

SENDiASS is an important service that provides clear accurate information and advice in a range of ways, including on its website, over the phone and in person. It is free at the point of use.

SENDiASS is provided by the Careers South West Group.



## Sense

We are a national charity that supports and campaigns for children and adults who are deafblind or have sensory impairments.

## SEQUAL Trust £

A small national fundraising Charity, founded in 1968, which is committed to bridging the communication gap for disabled people of all ages throughout the UK. SEQUAL stands for Special Equipment and Aids for Living.

## Shallal

Shallal is a small inclusive community based charity that makes dance theatre and related arts accessible to a wide range of people in West Cornwall.

## SHAPE

Shape provides opportunities and support for disabled artists and cultural organisations to build a more inclusive and representative cultural sector

## SHINE (formerly Association for Spina Bifida and Hydrocephalus)

Advice, information and support to individuals and families who have a member with spina bifida and/or hydrocephalus.

## Shopmobility

Exists to support affiliated schemes, encourage the development of new schemes, and to facilitate public access and offer related guidance and information. There are Shopmobility schemes in Cornwall as well as tourist based scooters please check our website.

## Short Breaks - Cornwall Council

Cornwall Council understand that short breaks are important for many families with disabled children. Disabled children and young people can access short break services as part of a broader package of family support services, or independently.

## Short Break Residential Care for Children and Young People with Disabilities

This valuable service, delivered in five resources countywide, enables carers to have a break from their caring responsibilities and for the young person to enjoy some independence with their peers away from their families. The residential short break services provided by the Local Authority are:

Camlann, Number One, Tresor, Poppins

The residential services provided by health are:

Laylands, Roston Gwyn Dwr

## Short Break & Homecare Service

We have three homes that give 'short breaks' or respite to families who have a child with a learning disability and physical health needs. These breaks are provided from homes called Gwyn Dwr, Layland and Roston.

The short break service is available to children and young people aged between 3 and 18.

## SIBS - For Brothers/Sisters of Disabled Children

Sibs is the only UK charity representing the needs of siblings of disabled people. Siblings have a lifelong need for information, they often experience social and emotional isolation, and have to cope with difficult situations...

## Sleep Wise

Sleep Wise is run by Hunrosa for the NHS. As part of the Community Paediatric Service, we advise parent carers of children with sleep problems on a one to one basis after being referred by a Community Paediatrician. In Cornwall we run free workshops for parent carers and training sessions for health care staff.

## Social & Emotional Behaviour Support Service (SEBSS) – Cornwall Council

Cornwall SEBS Service (formerly BSS) offers support to schools in identifying, managing and providing for the social, emotional and mental health needs of individuals and groups of children in the school setting.

All referrals must come via the educational setting the child/ children attend. Parent/ carer permission must be given. SEBS Service support is available to all settings and is offered at no cost to maintained primary and nursery settings based on school needs and priorities.

## Supporting Change in Partnership (SCIP)

This service was developed in co-production between the Parent Carers Cornwall and Cornwall Council social care, to support those families with children aged 0-18 with additional needs and disabilities

This preventative, solution-focused service delivered by Early Support workers and trained parent volunteers helps families to identify what is important to them and provides direct work to improve outcomes for disabled children, young people and their families and prevent the need for social care interventions.

## SOS! SEN

SOS!SEN offers friendly, independent and confidential advice for parents and others looking for information and advice on Special Educational Needs (SEN) through our free helpline and walk in advice centres. We offer workshops and document check services.

What we do:

- 4 walk-in advice centres
- Free helpline
- Workshops on SEN topics to empower parents
- Document check and 1:1 advice
- Website with information sheets

## Southwest Intervention Services

We provide support and provision for children and young people aged 5-19 who may be at risk of exclusion and for those that are excluded.

We also support children whilst a new education placement is being sourced or whilst their needs are being assessed by specialists.

## SPACE Short Breaks – Cornwall

Fun Holiday Activity Days for disabled children & young people in Cornwall!

### **Holiday Activity Days**

Action for Children Cornwall SPACE is a Cornwall Council funded service providing Holiday Activities for disabled children and young people aged between 5 - 18. We offer disabled children and young people exciting new activities to try, giving families an all-important short break.

Please contact us if you would like more information about our criteria and referral process.

## Speech and Language Therapy

Speech and language therapists (SLTs) are registered allied health professionals. Allied health professional is how we describe trained professionals who aren't doctors or nurses. This is a service that supports children and young people in Cornwall aged 0-19 years who have difficulty with understanding what is said to them, expressing themselves, talking clearly (saying speech sounds), stammering, swallowing (eating and drinking). This can include children/young people with delay in learning to talk, speech sound production difficulties, learning difficulties, cleft palate, stammering, selective mutism, autism, hearing impairment and physical disabilities.

## Special Education Needs Assessment and Provision Team – Cornwall Council

The Special Educational Needs (SEN) Assessment and Provision team is responsible for the Education, Health and Care (EHC) needs assessment processes, the transfer of existing statements of SEN and Learning Needs Assessments into EHC plans and the maintenance and review of existing Statements of SEN and EHC plans.

The team works with educational settings, families, a range of services and other Local Authorities to ensure the effective working of the statutory arrangements for children and young people with the most complex SEN.

## Specialist Employability Support

Specialist Employability Support provides mentoring and training to help you into work if you're disabled and can't use other employment programmes.

## Spectrum

Spectrum is a non-profit making registered charity, with over 30 years of experience providing residential, education, domiciliary and support services for individuals on the Autism spectrum. Spectrum has 25 residential houses throughout Cornwall and an Autism information and resource centre.

## Spinal Muscular Atrophy Support UK

Provide a range of information and support to health and social care professionals, families and individuals affected by SMA. We offer free confidential information, emotional support, practical advice and guidance to anyone affected by Spinal Muscular Atrophy who is living in the UK.

## Sports in Cornwall

Cornwall Sports Partnership holds details on many sports clubs across Cornwall. They work in partnership to make sport and physical activity a part of everyday life throughout the county.

## Stammering - The British Stammering Association

British Stammering Association (BSA) offers support to all whose lives are affected by stammering. BSA offers impartial information and resources, in our 'Help & Information' section.

## Starfish Project

Starfish is a project for training people who stammer (stutter) to both control and gain confidence over something that has controlled them. It is not about trying to achieve the impossible of so-called 'fluency' - when no one in life is fluent.

## Stayathome Short Break Service

Stayathome has different elements to our service when working with children with disabilities and their families. Stayathome provides a short break service working with and supporting children with a disability who have complex health needs following a social care and a health assessment. Stayathome are able to offer short break services privately or through a personalised budget.

## Stepping Forward Support

We offer services to adults with learning disability from 4 hours to 24/7

We can help you set up supported living from finding accommodation to 24 hour support.

## Steps

We are a national charity supporting children and adults affected by a lower limb condition such as clubfoot or a hip condition.

## Stoma Care

For staff working within Adult Care and Support Residential, Short Break and Day services. Training is delivered by RCHT Stoma Clinic Nurses and on centre premises.

## The Stroke Association

Stroke Association is the major stroke charity in the UK. We work with people who share our commitment to changing the world for people affected by stroke - with stroke survivors and their families; with decision makers; with researchers and medics; as well as with our supporters.

## Surfing - The Wave Project

The Wave Project runs an award-winning surf programme for young people to help them reduce anxiety and build confidence. We run short courses, individual private sessions, school-focused courses and a subsidised surf club. We offer a specialist service for disabled children. Our projects run across Cornwall, though our preferred beaches are: St Ives, Godrvey, Fistral Beach (Newquay), Polzeath and Widemouth Bay.

## SWAN UK

SWAN UK (Syndromes Without A Name) is an initiative run by the charity Genetic Alliance UK offering support and information to families of children with undiagnosed genetic conditions. SWAN UK has three aims develop and support a community of families of children affected by undiagnosed genetic conditions. Support the development of high quality information and services for families of children affected by undiagnosed genetic conditions. Raise public and professional awareness of undiagnosed genetic conditions and the unique challenges faced by affected families.

For many families, having no diagnosis or prognosis for their child can be challenging and often isolating.

## Talk Shop - Free Speech and Language Therapy Drop-In for Children

Do you have questions, concerns, or want to seek advice about your child's listening and attention skills, play, understanding of language, vocabulary, talking, or communication skills? This service is funded by I CAN, a children's communication charity (Reg: 99629). Morning drop-in session for children 0-5 years. Afternoon drop-in session for children over 5+ years.



## Tanya's Courage Trust

We support young people in Cornwall and The Isles of Scilly suffering from any form of cancer. As a charity offering financial help and support to young Cancer sufferers aged 16 to 25 in Cornwall, we'll do our best to help you through the tough times.

**Referrals** - From medical professionals e.g. consultants, GP, cancer support nurse or doctor, social workers - unfortunately we are not able to accept self-referrals.

## Tax Credits Helpline £

Tax credits are payments from the government. If you're responsible for at least one child or young person, you may qualify for Child Tax Credit. If you work, but are on a low income, you may qualify for Working Tax Credit. You can often get both types of tax credits. They aren't taxable.

## Together for Families

Under One Vision, the multi agency partnership plan for children, young people and their families, all the agencies working with children in Cornwall believe that greater integration is the best way of improving the effectiveness of services.

## Together for Short Lives - Formerly (ACT)

Together for Short Lives is the leading UK charity for all children with life-threatening and life-limiting conditions and all those who support, love and care for them. We support families, professionals and services, including children's hospices.

## Transport Schemes

Community Transport Schemes in Cornwall..

## Truro College Foundation Studies Entry Level Courses

Foundation Studies - Access to Community and Education  
Up to five years – full time or part time. The course is designed for students with a range of learning needs including profound and complex disabilities, medical needs and severe learning disabilities.

## Tourettes Action

We want people with Tourettes Syndrome (TS) to receive the practical support and social acceptance they need to help them live their lives to the full. We deal with all forms of TS, including the most challenging.

## Toy Library

Toy Library with age range 0 - 6 years, offering a range of toys and books for short-term loan at very reasonable rates. Also stay and play sessions and guidance on choice of toys, if requested.

## Travel to School – Cornwall Council

We promote walking and cycling to School through events and campaign work. The School Travel Plan (STP) service provides all the information you need to support you with your sustainable travel to school initiatives: School Travel Plans, Resources, Safer routes to school, Sustainable transport strategy. Walking and cycling initiatives. Walk to school week

## Tremorvah Industries

Tremorvah work with and for people with disabilities to make lives more mobile and independent; endeavouring to match the best equipment available. At Tremorvah Industries over 70% of our staff has a recognised disability. Tremorvah also specialise in stair lifts and hoists from Market leaders, such as Stannah. We operate free of charge, the Carer's Emergency Card Service. Should a carer have an unforeseen emergency, calls can be made to a nominated responder who can then take over the carers duties until the emergency is over. Also on site is a sensory room with multi-media player including dvd/ cd and docking station facility, Coloured lighting, Bubble tube, Texture Pads and Soft matting.

## Unique - Understanding Chromosome Disorders

Unique is a source of information and support to families and individuals affected by any rare chromosome disorder and to the professionals who work with them.

## United Response - Cornwall Supported Employment

United Response is a national charity that supports adults and young people with learning disabilities, mental health needs and physical disabilities. We support adults and young people with learning disabilities, difficulties, aspergers and autism (LDD) to take part in work related activities throughout Cornwall. We offer one to one mentoring / job coaching, specialised accessible training, work clubs, work placements / tasters and provided in work support. We support people to start thinking about what getting paid work means to them, offering pre-employment support and then support after they get a job. People we support have gone into volunteering, had some fantastic work placement opportunities and some have got a paid job and for many, the support had led to life changing experiences and opportunities.

## Universal Credit £

You may be able to claim Universal Credit instead of certain benefits if you're on a low income or out of work.

## Combined Universities in Cornwall

Combined Universities in Cornwall (CUC) is a partnership of five universities and colleges working together to give more people the chance to study in Cornwall, and to use university level education to help our businesses and communities to thrive.

CUC brings the five partner universities and colleges together wherever working in partnership will have more impact than a single university or college going it alone. CUC's biggest achievement so far has been to draw in over £260m pounds from the European Commission and UK Government to transform university education in the county – something it could only achieve by presenting a joined up plan.

Age Range: 18 +

## Ups and Downs Southwest

A regional charity supporting children and young people with Down's Syndrome, their parents, carers, families and all those involved in their care, health and education.

## Vaccine Damage Payments Unit £

Apply by filling out a claim form. If you're under 18, your parent or guardian should claim on your behalf.

You can only claim for a child once they are 2 years old.

To claim for an adult, apply by whichever is the latest of the following dates:

## Variety - the Children's Charity

Variety, the Children's Charity, is about increasing positive experiences for children and young people throughout the UK who are sick, disabled or disadvantaged. Variety provides both practical help including Variety Sunshine Coaches, Variety Wheelchairs and specialist equipment through our grants programmes, as well as creating memorable childhood experiences in our Variety at Work scheme.

## Variety Grants £

We recognise the huge emotional and financial demands that caring for a child or young person whom is seriously ill or disabled can make.

All over the UK there are children who have to cope with sickness, disability or disadvantage. It's tough. Really tough. We provide practical, tangible help that makes an immediate difference to those children and their families.

## Vision Support Team – Cornwall Council

The Vision Support Team is part of the Sensory Support Service, Education, Health & Social Care. the Visually the Team supports children and young people with visual impairments across Cornwall in the home, pre-school setting, primary school, secondary school or college.

Age range: 0 to 25

## The Visual Impairment Centre for Teaching and Research - VICTAR

The aims of VICTAR are to undertake social and educational research in the area of visual impairment; offer training in the area of visual impairment and education through high quality and relevant professional development programmes; disseminate our work to ensure it has positive impact. The Centre is part of a broader Sensory Team and works directly with colleagues in the fields of Deafness and Hearing Impairment, and Deafblindness / Multi-sensory Impairment. The team is part of the Department of the Disability Inclusion and Special Needs group (DISN) which is the largest group of its kind in the UK.

## Volunteer Cornwall

Volunteer Cornwall is a charity dedicated to developing active and engaged citizens through volunteering. Volunteer Cornwall lives by its 5 underpinning values which are: To be bold and passionate, to work reciprocally and with collective purpose, promoting neighbourliness.

## Volunteer Cornwall - Volunteer Car Drivers Scheme

Volunteer Cornwall provide a range of Community Transport projects across the County including a Community Car Scheme, Minibus Driver Scheme and an Accessible Vehicle Project. The Community Car Scheme provides volunteer drivers to transport individuals who are unable to access and use existing public or private transport within Cornwall to a range of appointments.

## Volunteering Opportunities Nationwide - CSV

Volunteering with CSV enables people of all ages and backgrounds to reap the benefits of putting something back. Our programmes help empower disabled people to lead independent lives, offer security and stability to families and children at risk of neglect, help young people find their direction in life and enable older people to share knowledge and experience across generations.

## Welfare Rights Team – Cornwall Council

The Welfare Rights Team is part of Cornwall Council's Social Care Service which is part of the Education, Health and Social Care Directorate. They provide support and advice to help people to deal with all aspects of the welfare benefit system, ranging from benefit claims through to representation at Social Security Appeal Tribunals and advising on benefit law.

## WheelPower

provides opportunities for recreational and competitive sport for people with disabilities. It can advise on sporting opportunities all over the UK for physically disabled people who use wheelchairs.

## Whizz-Kidz Wheelchair Skills

Training Course for young people between the ages of 2 and 24 years. Whizz-Kidz aim to enable young wheelchair users to become as independent and as confident as possible.

## Williams Syndrome Foundation

We aim to be the first point of contact for individuals with Williams Syndrome, their families and professionals needing support and information regarding the Syndrome. We actively support research into the educational, behavioural, social, scientific and medical aspects of the Syndrome.

## Winston's Wish

Every day, more than 100 children are bereaved of a parent in the UK. Winston's Wish is a childhood bereavement charity and provides services to bereaved children, young people and their families in the UK. They offer practical support and guidance to families, professionals and anyone concerned about a grieving child.

## Work Choice

Work Choice can help you get and keep a job if you're disabled and find it hard to work. It's voluntary - you don't have to do it. The type of support you get depends on the help you need. This is different for everyone but can include: training and developing your skills, building your confidence, interview coaching

## Working Families

Information for working parents and carers on their employment rights, Tax Credits and in-work benefits, maternity and paternity leave, flexible working options and maternity discrimination. This includes a section especially for parents of disabled children.

## Working Links

Looking for a fresh start? We match our service to your needs so that you get the support that's right for you. By listening to you about the things that you care about, we can help you towards a better future. We'll also stay in touch with you after you've got a job to make sure everything's going well.



## Wrong Planet

Wrong Planet is the web community designed for individuals (and parents / professionals of those) with Autism, Asperger's Syndrome, ADHD, PDDs, and other neurological differences. We provide a discussion forum, where members communicate with each other, an article section, with exclusive articles and how-to guides, a blogging feature, and more.

Who to contact

## Youth Cornwall

To support young people's development and welfare through adolescence

Youth Cornwall delivers a very broad and varied range of provision and activities for young people across Cornwall. Our services mainly focus on young people aged 13 to 19, although some of our provision, such as the Share information and advice service, is available to those up to 25.

## Youth Groups

Action for children are commissioned by Cornwall Council to provide three area based youth groups for young people aged 14-25 in Hayle, St. Austell and Wadebridge

## Young People Cornwall

Young People Cornwall knows what young people need. We've been successfully working with 11-25 year olds for almost 40 years, encouraging thousands of young people to reach their potential.

We're all about making waves. Giving young people a voice, building their confidence, boosting their creativity and opening doors to a brighter future – all in a way that works for them. Currently run Tuesday in 'Zeb's' a youth club in Truro and Fridays in The House Youth Centre in St Austell

## Young Minds

The UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people. Driven by their experiences we campaign, research and influence policy and practice

We also provide expert knowledge to professionals, parents and young people through our Parents' Helpline, online resources, training and development, outreach work and publications.

## Your Way

Your Way is a partnership between several youth and mental health services in Cornwall. Passionate about all aspects of our work, we provide quality youth services in Cornwall for and with young people aged 10 and over.

Through our services you can access a variety of support within your community, our Youth Advice Centres (YAC) and online. This includes information, advice & guidance, Counselling, Mentoring and Youth Work.

*This document was put together by the Parent Carers Cornwall to make information accessible to all families.*

#### Glossary

ASD – Autistic Spectrum Disorder

EHCP – Education Health Care Plan

LSCB – Local Safeguarding Children’s Board

MAAT – Multi Agency Advice team

MARU – Multi Agency Referral Unit

NAS – National Autistic Society

SEN – Special Educational Needs

If you would like this information in another format, then please contact the Parent Carers Cornwall on 07973 763332

[www.parentcarerscornwall.org.uk](http://www.parentcarerscornwall.org.uk)