

# Learning in Fistral Class



## *A typical day in Fistral:*

- ▶ **9.00am -9.30am** Arrive at school into Circle Time for Communication, Speaking & Listening - Good Morning and use our –Pre-Reading Skills to choose our lunch – get ready for learning – chair yoga & handwashing
- ▶ **9.30am- 10.15am** Maths , Cognition & Learning based Skills and Physical Therapy activities small group & 1:1 support,
- ▶ **10.15am-11.00am** Snack, hand washing and teeth cleaning followed by Outdoor Play (PHSE) whole group with 1:1 supervision/support as required
- ▶ **11.00am-11.30am** Literacy & Communication Based Skills such as Write Dance, Disco Dough, Sounds and Object Bingo, Sensory Story, Who's in the Bag - Phonics
- ▶ **11.30am-12.00pm** Whole Group Movement session in the hall such as Therapy Ball Session, Equipment, Dance, Skittles, Yoga , Sound Bath
- ▶ **12.00pm-12.15pm** What's in the Bucket?– Attention Session
- ▶ **12.15pm-1.30pm** Lunch and Outdoor Play (Communication targets/PHSE) with whole class, 1:1 supervision/support as required
- ▶ **1.30pm-1.50pm** Whole Group -Mindfulness Session
- ▶ **1.50pm-2.30pm** Afternoon Topic based Lesson – Sensory Journey, TACPAC, Cooking, Art and Musical Exploration, Science, DT.
- ▶ **2.30pm – 2.50pm** Snack (communication & PHSE) whole group
- ▶ **2.50pm-3.15pm** Class Celebration, Curnow Code Tokens, Dojo Points., short term targets celebrate learning (RE & SMSC)
- ▶ *NB: Pupil IEP targets and National Curriculum assessments are woven throughout the range of activities experienced each day*