

# A typical day in Godrevy

## *A typical day in Group A*

- ▶ **9.00am -9.30am** Arrive at school, social and communication skills focus activities. Registration, Speaking & Listening - Good Morning and use our –Pre-Reading Skills to choose our lunch.
- ▶ **9.30am- 10.00am** Functional Core skills/ anchor activities including PPSEN individual targeted time
- ▶ **10.00am- 10:30am Independent living and life skills:** Snack preparation and serving duties.
- ▶ **10.30am -12.15pm - Independent living and Life skills/Health wellbeing and Relationships/ WRL –** off-site learning such as college, shopping, sailing or indoor bowls
- ▶ **12:15pm-1.15pm** Lunch and Leisure activities including outdoors. (Communication targets/PHSE) with whole class, 1:1 supervision/support as required.
- ▶ **1:15pm – 1:30pm Independent living and life skills:** cleaning jobs and duties.
- ▶ **1.30pm- 2.30pm Health and wellbeing (SRE/PSHE) –** Preparing for Adulthood taught session
- ▶ **2:30pm – 3:00pm Independent living and Life skills/Health wellbeing and Relationships/ WRL**
- ▶ **3:00 - 3.15pm** Dojo Points, Curnow Code Tokens, celebration of achievements - (SMSC)

Please note that the day is flexible, depending on the activities and projects that students are working on. The group have access to a range of offsite activities in small groups, 1:1 or larger group settings. This can all have an impact on the “typical” day.



# A typical day in Godrevy

## *A typical day in Group B*

- ▶ 9.00am -9.30am Arrive at school, social and communication skills focus activities. Registration, Speaking & Listening - Good Morning and use our –Pre-Reading Skills to choose our lunch.
- ▶ 9.30am- 9:50am: **Health and Wellbeing** - fine motor functionality skills
- ▶ 9:50am- 10:30am **Independent Living Skills**– prepare breakfast - communication and PSHE focused time
- ▶ 10:30am -11:00am **Life skills**: class jobs and prepare for on and off-site learning
- ▶ 11.00am – 12.00am **Health wellbeing and Relationships**: Therapy Based Targets or community access
- ▶ 12.00am – 12:15pm **Relationships/ Independent Living Skills**: Talking Time and Prepare for lunch
- ▶ 12:15pm-1.15pm Lunch and Leisure activities including outdoors.
- ▶ 1:15pm – 1:30pm **Independent living and life skills**: lunch and cleaning duties, laundry experiences etc
- ▶ 1.30pm- 2.30pm **HWB/ PSHE/SRE/ WRL**– Preparing for Adulthood taught session
- ▶ 2:30pm – 3.00 pm **Independent living and Life skills** –Personal hygiene and sensory processing.
- ▶ 3.00pm – 3:15pm **Health and Wellbeing** Review and Reflect, Dojo Points, Curnow Code Tokens, celebration of achievements - (SMSC)

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