

# Learning in Rock Class

## *A typical day in Rock:*

- **9.00am -9.30am** Arrive at school into Morning meeting – which consists of Communication, Maths, Music & Movement and Writing Skills
- **9.30am- 10.15am**
- **10.15am-11.00am** Breakfast, Key independence, communication and maths skills are taught in this session. Followed by Leisure time (PHSE) whole group with 1:1 supervision/support as required
- **11.00am-11.30am** Therapy Targets and PE session including Dance, Yoga, skittles and gym (Sensory and Physical)
- **11.30am-12.15pm** Work Related Learning – Working in the staff café or a sensory journey about working in a café
- **12.15pm-1.30pm** Lunch and Outdoor Play (Communication targets/PHSE) with whole class, 1:1 supervision/support as required
- **1.30pm- 2.30pm** Whole Group – PSHE Autumn term focus: Relationships
- **2.30pm – 2.50pm** Snack (communication & PHSE) whole group
- **2.50pm-3.15pm** Class Celebration, Curnow Code Credits , IEP targets - (SMSC)

